

### September Newsletter Chestermere Learning Centre

Welcome back to school to the students and families of RVS Community Learning Centre. We are ready to start the 2019-2020 school year! We are here to provide the best learning environment for all of our students and staff. There will be a monthly newsletter to communicate important information, dates, and events happening in our school.

School Phone # 403-235-0294

School Hours Semester 1
Monday to Thursday 9am-3:30pm
Closed Campus Friday
Closed Campus Lunch 12pm-12:45pm
Grade 9 Required Attendance Tues, Wed & Thurs 9am-12pm

### Things to know for September...

- -You must sign in and out when you are on campus. This includes when you leave the building for a quick break. Make sure that you use your school time appropriatly. We do encourage short timely breaks throughout the day to maximize your learning.
- -Inservices are planned during September for all students and parents to the learn the ins and outs of the school resources and programming available. Please look at the attached calendar to see dates.
- -All students need to check their course outlines and make sure that they get the correct books required for their courses. Speak to your teachers and/or Nadine at the front desk.

- -All grade 10 students need to set up with myPass. The myPass website is an Alberta Education self-service website for high school students. This is a tool to track marks/credits, diploma exams/results, as well as order transcripts and apply for post secondary. Visit myPass.alberta.ab.ca to request access. DO NOT use your @rvschools.ab.ca email. Use a personal email address to create this account. This will be further explained during the grade 10 inservice.
- -Parents and students insure that you know how to log into PowerSchool. PowerSchool is the information hub for your child's academic progress. If you need help accessing PowerSchool please contact Nadine Alexander for support.
- -Parents please take time this month with your child and have then show you how they use Moodle. Moodle is where students access their courses, hand in their assignments and communicate with their teachers.
- -The Guidance Counsellor is onsite during school hours. Guidance services are available to all students and parents. Guidance Counsellor provides individual and group counselling sessions to advise and assist students with academic and vocational development. They evaluate students attributes and assist them in realizing their objectives. Guidance Counsellors work with students dealing with stress, social pressures, and/or family life in order to improve their classroom performance and overall mental health.
- -The Community and Youth Outreach Worker is available onsite Tuesday, Wednesday and Thursday during school hours. The Community and Youth Outreach Worker provides support one-on-one, as well as in group settings. They work closely with th community, liaising between school, student, community service providers, in consideration of the social, emotional and academic needs of the students,
- -Together Guidance and Outreach in the months ahead will be offering groups, special events and presentations based on the student body needs/interests that arise.

### **CLC Staff Semester 1**

Murray Arnold-**Principal** Gwen Dawes Harker/ Lina DiGregario- **Assistant Principals** Justina Law-**Assistant Principal (online)** 

Carole Young-**Secretary** Ext# 5401 Nadine Alexander-**Receptionist** Ext#5402

Yvonne Paschalis- **Guidance Counsellor** Ext#5462 Rebecca Dalakoudis-**Community and Youth Outreach Worker** Ext#5463

Adele Gaines-McMillan-Computer Tech

Garrison Bergen-Social 30-1 (online) Ext#5334

Leslie Good- Grade 9/Bio 30/Math10C/ Math10-3/Math20-3/Science 14/Science 24 Ext#5522

Mary-Lee Judah- Work Experience/HCS 3000/HCS 3010 Ext#5202

Bianca Macauley- Learning Support/Learning Strategies/ Info Pro/English 30-2/ Foods 10/Foods 20/Foods 30/PE 10 Ext#5332

Laurie Reed-Home School Coordinator Ext#5459

Loren Spector/Sean Root-Social 10-1/Social 10-2/Social 20-2/Social30-2 Ext#5409/5507

Judy Sliwinski-Grade 9/English 10-1/English 10-2/Legal Studies Ext#5521

Cheryl VanDusen-Math 20-1/Math 30-1/Math 30-2 (online) Ext#5364

## September

2019

### Welcome Back!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	Grade 9 Inservice 2:30-3:30	5	6	7
8	9 Grade 9 Inservice 10:30-11:30	10	11	Grade 10 Inservice 11-12	13	14
15	Speaker at camp Chestermere. Connie Jakab	17	18	New Student Inservice 11-12	20	21
22	No School	24	25	26	27	28
29	30 WelcomeBreakfast School Pictures 9-11					

# ~Parent Event~ Bring them Closer Speaker Connie Jakab

The child and youth mental health crisis is at an all-time high. Anxiety and depression are skyrocketing. Over the last 10 years, there has been a 55% increase in the hospitalization of children and youth due to mental health concerns. Parents are at a loss to know how to deal with some of the issues our children are displaying.

Our kids are not ok.

In this seminar, Connie Jakab shares her own personal journey of how her son went from being hospitalized due to threats of suicide at the young age of eight, to now having overcome anxiety depression. "You never send the hurting away, you bring them closer," but what does that LOOKLIKE? How do we create a connection with our children, so they lived healed and whole? How do we see our children free of anxiety, depression, and behavioural issues? In the seminar, you will leave with tools that can help your family over, mental health challenges and prevent them from happening.

#### Date and Time

Mon, 16 September 2019 6:30 PM – 9:00 PM MDT

Location
Camp Chestermere
1041 East Lakeview Road
Chestermere, AB T1X 1B1

Here is the eventbrite link:

https://www.eventbrite.ca/e/bring-them-closer-chestemere-tickets-64577812977?ref=eios