#### **RVSCLC - COCHRANE - FEBRUARY 2020**

# **Campus Happenings**

**NEW CAMPUS HOURS:** Monday & Tuesday 9:00am -3:30pm

Wednesday & Thursday 9:00am - 5:00pm

Friday (Test Day & Appointments Only) 9am - 11:30

**SCHOOL PARKING:** Students and Campus visitors may only park at the **GREEN** and **BLUE** marked parking stalls, or on the road. Please do not park in front of Signarama or Crystal Glass. Thank you!

In Semester 2, Kelly and Luanne will be running a **Holding Space for Change** group, Thursdays from 1-3. This will be a safe, nonjudgmental, trauma informed space where youth set the pace for their own wellness. This is not a treatment program, it is a safe space to discuss concepts such as harm reduction, self care, healthy relationships, and utilizing supports. The group will consist of discussion, art and recreational activities. Please contact Kelly or Luanne if you are interested in participating.

**Healthy Relationships Group** will be facilitated by the Boys & Girls Club of Cochrane. Come join them for their 4 sessions (snacks included) and earn one credit as we discuss Healthy Relationships, Conflict Resolution, Communication Styles, Gender Stereotyping, Safe Relationships and more! Sign up sheet is posted at school, or contact Kelly or Luanne.

March 4, 11, 18, 25 10am - 12.

April 1, 8:45am-1:30pm **World of Choices Career Fair** is located at the Cochrane RancheHouse again this year. Sign up sheets are posted at school. This is a free event, including lunch. A great opportunity to ask professionals about their career, education, challenges etc. Space is limited! Sign up soon! Ask Luanne or Kelly.

**Personal Tax Course** - Real life learning! Save a ton of \$! Complete your own tax forms! Take Charge! Mr. Young will be teaching this course. Earn 1 Credit. March 30 & 31 9am-3:30pm.

**Info Pro -** Word Processing, Digital Presentation, Keyboarding - Mrs. Eaton will be teaching this course. Earn 3 credits. March 10 & 11 9am-3:30pm.

**Aboriginal Studies 20** - Pre-requisite Aboriginal Studies 10. Mrs. Shannon Bradley-Green will be teaching this course. Earn 5 credits. March 11, 18, 25 April 7,22,29.

### **UPCOMING EVENTS/ACTIVITIES**

**Healthy Relationships -** March 4,11,18,25 10am-12

**Holding Space for Change -** Thursdays 1pm - 3pm (date TBA)

**Info Pro** - March 10 & 11 9am-3:30pm

**Aboriginal Studies 20** - March 11,18,25 Apr 7,22,29

Personal Tax Course - March 30 & 31 9am-3:30pm

#### **SPECIAL THANKS!**

#### **COCHRANE LIBRARY**

Book of the Month Give-away

#### **TOWN OF COCHRANE**

Mae Kroeis- FCSS - Community

Helpers Workshop

#### **IN HOUSE BAKER!**

Noah Rumbolt - Cupcake Baker



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## Time to Showcase!!

RVSCLC Cochrane would like to Showcase one of our exceptional students. Hannah Mahon is a Grade 12 student attending CLC to do some upgrading. Hannah had a very busy, exciting summer, doing a volunteer assignment through IVHQ for 4 weeks in a childcare project in Kenya. Her and 3 other volunteers (from all over the world) stayed with Kenyan women who opened their homes to volunteers from that organization. She volunteered with a special needs class in a school just outside of Thika, where children ranged with disabilities from academic challenges to having cerebral palsy. Her and the other volunteers worked with the kids from 8:30-4 every day, teaching religion, English, social and math classes, playing games with them and walking them home from school. She did a 4 day safari in the Maasai Village and participated in an outreach weekend, where her and other volunteers visited the African slums and the schools within them. There, they helped mothers do laundry and ensuring kids had food for lunch at school. We are proud of you Hannah! Thank you for sharing your experience!

























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